



Healthy Youth Survey 2006

Changes from the 2004 Survey

HYS Survey Forms A, B, and C

To manage the length of the survey with the breadth of information desired by agencies and stakeholders, there is "Form A" and "Form B" for the survey for grades 8,10, and 12. The 6th grade survey is a single version (Form C), with fewer questions, but including most of the core items.

Form A Changes for 2006

Form A focuses on substance use and risk and protective factors. The following criteria guide the changes to Form A:

- Use as many as possible of the available risk factor scales and protective factor scales.
- Keep the survey length reasonable.
- Maximize the number of Core Items----i.e., items that appear on both Form A and Form B, which give us the best possible statistical meaning in individual schools.
- Based on current research, make changes that will greatly improve the quality of the data we collect.

To achieve these goals, the Form A committee has selected a number of questions and scales that will be used on alternating survey administrations. We chose rotating scales based on the amount of change year to year (low change) and their likely sensitivity to program interventions.

Survey Length: Form A in 2006 is 3 items longer than 2004. Two of the additional items are experimental and will either be dropped, or will replace items that we have kept on the survey to compare the results between 2004 and 2006.

Questions Rotating Out of Form A

- Past 30 days: Use Ecstasy or MDMA?
- **Community scale: Transitions and Mobility**
 - Have you changed homes in the past year?
 - How many times have you changed homes since kindergarten?
 - Have you changed schools in the past year?
 - How many times have you changed schools since kindergarten?

Questions Rotating On to Form A

- Past 30 days: Use a pain killer to get high, like Vicodin, OxyContin (sometimes called Oxy or OC) or Percocet (sometimes called Percs)?
- Lifetime substance use: Used cocaine.
- **Community scale: Neighborhood Attachment**
 - I'd like to get out of my neighborhood.
 - If I had to move, I would miss the neighborhood I now live in.
 - I like my neighborhood.

Questions Deleted from Form A

- During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club for self-protection or because you thought you might need it in a fight?

New Questions For Form A

- During the past 30 days, on how many occasions (if any) have you been drunk or very high from drinking alcohol beverages?
- During the average week, on how many days do you participate in supervised after-school activities, either at school or away from school? Include activities such as...



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Questions/ Scales Rotating Off of the “Tearoff” of Form A

- **Family Scale: Parental Attitudes Favorable toward Drug Use**
 - How wrong do your parents feel it would be for you to: drink beer, wine, or hard liquor?
 - ...smoke cigarettes?
 - ...smoke marijuana?
- **Family Scale: Parental Attitudes Favorable toward Antisocial Behavior**
 - How wrong do your parents feel it would be for you to: steal anything worth more than \$5??
 -draw graffiti, or write things or draw pictures on buildings or other property?
 -pick a fight with someone?

Questions/ Scales Rotating On to the “Tearoff” of Form A

- **Family Scale: Opportunities for Pro-social Involvement**
 - If I had a personal problem, I could ask my mom or dad for help.
 - My parents give me lots of chances to do fun things with them.
 - My parents ask me what I think before most family decisions affecting me are made.
- **Family Scale: Rewards for Pro-social Involvement**
 - My parents notice when I am doing a good job and let me know about it.
 - How often do your parents tell you they're proud of you for something you've done?
 - Do you enjoy spending time with your mother?
 - Do you enjoy spending time with your father?

Form B Changes for 2006

While Form A focuses on substance use and risk and protective factors, Form B has a broader group of stakeholders and a focus which includes substance use and other issues such as nutrition, physical activity, injury, mental health indicators. Because of that, Form B rotates more questions than Form A.

Revisions to Form B were made after input from stakeholders including school personnel, local public health, community agency representatives and state agency programs.

Survey Length:

- The 2006 Form B survey is 3 response items shorter than the 2004 survey.
- The 2006 Form B is 117 Questions in length (97 on main survey and 20 on Tearoff) and 135 response items (115 on main survey and 20 on Tearoff). In 2004, there were 118 Questions (98 on main survey) and 138 response items.

Below are lists of the question changes to Form B for 2006. Note some of these are abbreviated versions of the actual questions.

Questions Rotating Out of Form B

- **Disability screener:**
 - Physical disabilities or health problems expected to last 6 months or more?
 - Long-term emotional problems, learning disabilities last 6 months or more?
 - Do other people consider you have disability, long-term health problem?
 - Limited in activities because of disability, long-term health problem?
- Last 2 weeks, had 5 or more drinks in a row (Will still be asked on Form A)



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- Past 30 days: number days carry a weapon for self-protection in a fight
 - Past 30 days: number days carry a gun
 - Suicide attempt resulting in need for medical treatment
 - I try to work out conflicts or disagreements by talking about them
 - Past 30 days: bicycled or walked, had enough room
 - Past 30 days: bicycled or walked, easy to cross streets
 - Past 30 days: bicycled or walked, dogs or people bothered you
 - How do you describe your weight?
 - Past 30 days: exercise to lose weight
 - Past 30 days: eat less food, fewer calories, low at food to lose weight
 - Past 30 days: go without eating for 24 hours or more to lose weight
 - Past 30 days: take diet pills, powders, liquids without doctor's advice to lose weight
 - Past 30 days: vomit or take laxatives to lose weight
 - Past 30 days: used Ecstasy or MDMA, number of days
 - Past 30 days: used Ritalin, number of days
 - Lifetime Use: Cocaine
 - Lots of chances for students in my school to get involved in sports, and other school activities outside of class
 - Age when first used chewing tobacco, snuff or dip
 - Want to stop using tobacco right now?
- Ever participated in a smoking cessation program?

Questions Rotating In to Form B

- Past 30 days: Used inhalants (things you sniff to get high)?
- During the average week, on how many days do you participate in supervised after-school activities either at school or away from school?

Rotate On to Tearoff

- Abuse Module:
 - Not counting TV, movies, video games, and sporting events, have you seen an adult hit, slap, punch, shove, kick, or otherwise physically hurt another adult more than one time?
 - Have you ever been physically abused by an adult?
- About how many cigarettes have you smoked in your entire life?

Questions Deleted from Form B

- I have adults in my life who really care about me
 - Past 7 days, number times do muscle strengthening or tone exercising (replaced with new question)
- Harassment Module (4 questions)- replaced with new Harassment module

New Questions for Form B

- In the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day?
- **Harassment Module (Replaces old version)** In the past 30 days, how often were you bullied, harassed, or intimidated at school or on your way to or from school:
 - because of your race, ethnicity, or national origin or what someone thought it was
 - because of your religion
 - because someone thought you were gay, lesbian or bisexual
 - because of your gender (being male or female)?
 - because you have a health problem or a physical or mental disability
 - because of any other reason
 - In the past 30 days, has someone used the computer or a cell phone to bully, harass or intimidate you?
- Last year in school, were you taught about preventing STDs other than HIV or AIDS
- If you wanted to get some cigarettes, how easy would it be for you to get some? (already on Form A)



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- Does your school provide a counselor, intervention specialist, or other school staff member for students to discuss problems with alcohol, tobacco, or other drugs (already on Form A)
- During the past school year, did you see or hear information at your school about youth suicide prevention
- on how many days do you bicycle or walk near your home or to school
- On an average school night, how many hours do you sleep
- Did you eat breakfast today
- **Junk Food Module:**
 - drink regular soda, sports drinks (such as Gatorade) and other flavored sweetened drinks at school
 - where usually get flavored sweetened drinks
 - how many times did you eat potato chips or similar snack foods st school
 - where usually get chips and similar snack foods
- past 30 days, on how many occasions (if any) have you been drunk or very high from drinking alcoholic beverages
- Past 30 days: use of painkillers to get high
- Occupational Module:
 - while working for pay have you ever been injured badly enough that you needed to go to a nurse, doctor, or hospital
 - describe the type of place that you currently work

- Changes to Tear Off**
- In addition to the changes described above:
- Tobacco questions moving to tear off:
 - Past 30 days: smoked cigars, number of days
 - Have you ever smoked cigarettes every day for 30 days?
 - Have you ever smoked cigarettes every day for 30 days?
 - Diabetes Questions Moving to Main Body:
 - Ever been told by a doctor or other health professional that you have diabetes
 - Are you now taking any medication for your diabetes

Form C Changes for 2006

Survey Length: The 2006 Form C is one question/ response item shorter than 2004. for 2006, there are 72 questions (8 are on the Tear off) and 94 response items.

| Questions Rotating Out of Form C |
|---|
| <ul style="list-style-type: none"> ▪ When you rollerblade or skateboard, how often wear helmet ▪ Past 30 days, do to lose or keep from gaining weight ▪ Past 30 days: bicycled or walked, had enough room ▪ Past 30 days: bicycled or walked, easy to cross streets |
| New Questions for Form C |
| <ul style="list-style-type: none"> ▪ Did you eat breakfast today? ▪ Did you buy any of these at school (Place after drinking sodas question) ▪ on how many days do you bicycle or walk near your home or to school? |